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Body Wisdom: Interplay of Body and Ego

By Kenneth C. Bausch

Ongoing Emergence Press. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.9in. x 6.0in. x 0.7in. Bronze medal winner Independent Publisher;s (IPPY) Award competition Body is wiser than Ego. Ego is cleverer than Body. When Ego catches Bodys tune, a song happens. When Ego catches Bodys intuition, magic happens. An idea is born. Our bodies are one with the universe and privy to its unspoken secrets. They are the unconscious source of our intuition. When we focus with our hearts on troubling questions, our unconscious comes through for us. Open questions posed to the unconscious act as the strange attractors of chaos theory. They enable the creative speech of discovery. In this book, you will explore how your ego rises from your body through language. You will appreciate how the creative thinking enabled by body-ego interplay builds your personality overtime. The personal and social realms you create have remarkable properties. When you understand those properties, you open new vistas for viewing empathy, visions, hallucinations, dreams, and the reality of language. You open new ways to understand objective reality, the reality of religious myths, and even the reality of death. The motif of most Western thought since the time of Zoroaster and...



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