



Meditations (Unabridged)

By Marcus Aurelius, A. S. L. Farquharson, Tom Griffith

Pan Macmillan. Hardback. Book Condition: new. BRAND NEW, Meditations (Unabridged), Marcus Aurelius, A. S. L. Farquharson, Tom Griffith, "The Meditations of Marcus Aurelius (AD 121-180)" offer a wide range of fascinating spiritual reflections and exercises developed as the Roman Emperor struggled to understand himself and make sense of the universe. Spanning doubt and despair to conviction and exaltation, they cover such diverse topics as the question of virtue, human rationality, the nature of the gods and Aurelius' own emotions. The Meditations are a readable exposition of the system of metaphysics known as stoicism. Stoics maintained that by putting aside great passions, unjust thoughts and indulgence, man could acquire virtue and live at one with nature. This classic translation is by A.S.L. Farquharson.



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